

Sport and Exercise Science Major

Wisconsin Lutheran College

Sample Program

A sample program can be used to plan progress in a major. Not all students will follow the sample program, because students are individuals and can make choices to fit their situations. Students should consult their WLC academic advisor. Please note that course offerings may change due to staffing, curriculum changes, and course enrollments.

Freshman Year, Semester 1	Freshman Year, Semester 2
COL 101	LAS 101
CHE 161/168	BIO 202
PSY 101	PSY 120
COM 101 OR ENG 101	PED 100
SPE 200 (SEM 1 OR 2)	COM 101 OR ENG 101
	THE 1XX
Sophomore Year, Semester 1	Sophomore Year, Semester 2
BIO 225	BIO 255
PED 315	BIO 240
MAT 117	THE 2XX
SPE 240	SPE 210
SPE 310	GENED ELECTIVE
Junior Year, Semester 1	Junior Year, Semester 2
THE 3XX	SPE 300
SOC 101	SPE 325
SPE LAB ELECTIVE	PED 200
GENED ELECTIVE	BIO 323
Senior Year, Semester 1	Senior Year, Semester 2
SPE 425	SPE 450 (or fall)
SPE 490 (or spring)	SPE 415
LAS 401 OR (LAS 402 spring)	THE 4XX
GENED ELECTIVE	SPE 430 (final semester)

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