

Curriculum plan for the undergraduate years at WLC for the 3+2 BS in Sport & Exercise Science/MS Exercise Physiology at CU

Freshman					
Fall			Spring		
Course		Credits	Course		Credits
COL 101	Intro to College Experiences	1	LAS 101	Liberal Arts Seminar	1
CHE 161	General Chemistry 1	4	ENG 101	Writing & Rhetoric	3
CHE 168	General Chemistry Lab	1	MAT 117	*Elementary Statistics	3
COM 101	Intro to Communication	3	BIO 202	*General Biology 2	4
SPE 200	Intro to Sport & Ex. Sc.	2	PSY 101	*Intro. to Psychology	3
PED 100	GEN ED	1	FINE ARTS	GEN ED	3
THE 1xx	Theology GEN ED	3			
	Total	15		Total	17
Sophomore					
Fall			Spring		
Course		Credits	Course		Credits
BIO 225	*Anatomy & Physiology 1	4	BIO 255	*Anatomy & Physiology 2	4
PED 315	Prevent. & Care of Injury	2	SPE 210	Strength and Conditioning	3
THE xxx	Theology GEN ED	3	SPE 310	Motor Learning & Develop.	3
SPE 240	Cognitive & Behavior Change in Sport & Exercise Science	3	BIO 240	Nutrition	3
ENG LIT	GEN ED	3	PED 200	First Aid, CPR, AED	1
GEN ED	Elective	3	GEN ED	Elective	3
	Total	18		Total	17
Junior (Apply to Carroll University MSEXP)					
Fall			Spring		
Course		Credits	Course		Credits
SPE 490	Internship	3	SPE 325	*Physiology of Exercise	4
SPE 425	Kinesiology & Biomechanics	4	SPE 430	*Fitness Assessment & Ex. Prescription	4
SPE 450	Research Strategies in Ex. Science	2	BIO 365	Muscle Physiology	4
THE xxx	Theology GEN ED	3	THE xxx	Theology GEN ED	3
HIS xxx	GEN ED	3	LAS 401 OR 402	Liberal Arts Capstone	2
GEN ED	Elective	3			
	Total	18		Total	17

Courses in red are required for the Sport & Exercise Science major. Courses in blue are recommended electives for the Sport & Exercise Science major and required for the Carroll University MEXP program. This sample program meets the 120 total credit requirements for a B.S. at WLC. Courses with a * are prerequisite courses for the CU MEXP program. Application to CU MEXP occurs in Fall of Year 3. If accepted, program begins the following fall session.

Summary of classes completed as graduate at CU, counted backwards (20 credits total)

Carroll University MS-EXP Courses	Credits towards MSEXP	Reverse transfer to WLC	Credits toward BS-SPE
EXP 5503, Advanced Exercise Physiology	3	BIO 455 Advanced Anatomy	4
EXP 5505, Lab Methods I	2	SPE Electives	14
EXP 5506, Research Design and Statistical Methods for Health Science	3		
EXP 5511, Cardiopulmonary Testing	2		
EXP 5512, Electrocardiography	2		
EXP 5516, Exercise Testing and Prescription for Clinical	3		
EXP 5570, Cancer Rehabilitation	3		
	18	TOTAL REVERSE TRANSFER	18