

Curriculum plan for the undergraduate years at WLC for the 3+2 BS in Sport & Exercise Science/MS Exercise Physiology at CU

Freshman					
Fall			Spring		
Course		Credits	Course		Credits
COL 101	Intro to College Experiences	1	LAS 101	Liberal Arts Seminar	1
CHE 161	General Chemistry 1	4	ENG 101	Writing & Rhetoric	3
CHE 168	General Chemistry Lab	1	MAT 117	*Elementary Statistics	3
COM 101	Intro to Communication	3	BIO 202	*General Biology 2	4
SPE 200	Intro to Sport & Ex. Sc.	2	PSY 101	*Intro. to Psychology	3
PED 100	GEN ED	1	FINE ARTS	GEN ED	3
THE 1xx	Theology GEN ED	3			
	Total	15		Total	17
Sophomore					
Fall			Spring		
Course		Credits	Course		Credits
BIO 225	*Anatomy & Physiology 1	4	BIO 255	*Anatomy & Physiology 2	4
PED 315	Prevent. & Care of Injury	2	SPE 210	Strength and Conditioning	3
THE xxx	Theology GEN ED	3	SPE 310	Motor Learning & Develop.	3
PSY 120	Human Growth & Develop.	3	BIO 240	Nutrition	3
ENG LIT	GEN ED	3	GEN ED	Elective	3
GEN ED	Elective	3	GEN ED	Elective	2-3
	Total	18		Total	18-21
Junior (Apply to Carroll University MEXP)					
Fall			Spring		
Course		Credits	Course		Credits
SPE 490	Internship	3	SPE 325	*Physiology of Exercise	4
SPE 425	Kinesiology & Biomechanics	4	BIO 365	Muscle Physiology	4
SPE 450	Research Strategies in Ex. Science	2	THE xxx	Theology GEN ED	3
THE xxx	Theology GEN ED	3	HIS xxx	GEN ED	3
SPE 350	*Fitness Assessment & Ex. Prescription	4	LAS 401 OR 402	Liberal Arts Capstone	2
	Total	16		Total	16

Courses in red are required for the Sport & Exercise Science major. Courses in blue are recommended electives for the Sport & Exercise Science major and required for the Carroll University MEXP program. This sample program meets the 120 total credit requirements for a B.S. at WLC. Courses with a \* are prerequisite courses for the CU MEXP program. Application to the program would occur in Fall of Year 3. If accepted, the program begins the following fall session.

**Summary of classes completed as graduate at CU, counted backwards (20 credits total)**

<b>Carroll University MS-EXP Courses</b>	<b>Credits towards MSEXP</b>	<b>Reverse transfer to WLC</b>	<b>Credits toward BS-SPE</b>
EXP 503, Advanced Exercise Physiology	3	BIO 455 Advanced Anatomy SPE Elective	4
EXP, Lab Methods I	2		1
EXP 506, Research Design and Statistical Methods for Health Science	3	SPE Elective	3
EXP 511, Cardiopulmonary Testing	2	SPE Elective	2
EXP 512, Electrocardiography	2	SPE Elective	2
EXP 513, Advanced Electrocardiography	2	SPE Elective	2
EXP 516, Exercise Testing and Prescription for Clinical	3	SPE Elective	3
EXP 570, Cancer Rehabilitation	3	SPE Elective	3
		<b>TOTAL REVERSE TRANSFER</b>	<b>20</b>